

Planning Guide for at Home Learning

Breakfast

Meal:

Child Prep & Clean-up:

Learning Time

Lesson:

Playtime Activity:

Daily Chores

Large Motor

Outdoor Activity:

Indoor Activity:

Lunch

Meal:

Child Prep & Clean-up:

Quiet Time

Learning Time

Lesson:

Playtime Activity:

Large Motor

Outdoor Activity:

Indoor Activity:

“All Hands On Deck” Clean-Up

Dinner Time

Meal:

Child Prep & Clean-up:

Family Time

Activity:

Bedtime